OUR PACKAGES On vour own or accompanied

Wellness Area 45 € 2:00

2 hours in the outdoor wellness area: (Not for those sensitive to the cold) Biosauna - Small hammam Open Air Jacuzzi 32°C

Pleasure 121 € 105 € 3:00

2 hours in the outdoor wellness area: (Not for those sensitive to the cold). Biosauna - Small hammam Open Air Jacuzzi 32°C Seawater Circuit 25 min Massage of your choice ** 20 min Extra: +30 min of Massage +49 €

Delights 76 € 69 € 1:00

Seawater Circuit 25 min Massage of your choice ** 20 min Extra: +30 min of Massage +49 €

Sensation 88 € 85 € 1:00

Hammam + Body Scrub or Wrap 25 min Massage of your choice ** 20 min Extra: +30 min of Massage +49 €

Neptune 119 € 99 € 1:30

Hydrotherapy Care* 20 min Salinea Cavitosonic 20 min Massage of your choice ** 20 min Extra: +30 min of Massage +49 €

Essential 127 € 113 € 1:30

Hammam + Body Scrub or Wrap 25 min Hydrotherapy Care * 20 min Massage of your choice ** 20 min Extra: +30 min of Massage +49 €

Sweetness 157 € 139 € 2:00

Seawater Circuit 25 min Massage of your choice ** 20 min Salinea Cavitosonic 20 min Facial Radiance Boost 20 min Extra: +30 min of Massage +49 €

Feel Good 163 € 145 € 2:00

Hammam + Body Scrub or Wrap 25 min Hydrotherapy Care * 20 min Salinea Cavitosonic 20 min Massage of your choice ** 20 min Extra: + 30 min of Massage + 49 €

Remineralizing 198 € 175 € 2:30

Hammam + Body Scrub + Wrap 50 min Hydrotherapy Care * 20 min Salinea Cavitosonic 20 min Massage of your choice ** 20 min Extra: +30 min of Massage +49 €

Beauty Escape 207 € 185 € 2:30

Hammam + Body Scrub + Wrap 50 min Hydrotherapy Care * 20 min Massage of your choice ** 20 min Facial Radiance Boost 20 min Extra: +30 min of Massage +49 €

Unforgettable 284 € 235 € 3:30

Hammam + Body Scrub + Wrap 50 min Seawater Circuit 25 min Hydrotherapy Care* 20 min Salinea Cavitosonic 20 min Massage of your choice ** 50 min Extra: + 30 min of Massage + 49 €

Absolute Thalasso 467 € 389 € 5:30

Hammam + Body Scrub + Wrap 50 min Hydrotherapy Care * 20 min Salinea Cavitosonic 20 min Hands Beauty or Feet Beauty Care 50 min Facial Radiance Boost 50 min Massage of your choice ** 80 min



In case of contraindication for the hammam, the scrubs and wraps can be performed on a heated table To be specified at the time of your reservation.

EMOTIONS PACKAGE

5 Seawater Circuits 160 € 144 €

10 Seawater Circuits 320 € 256 €

5 Hydrotherapy Cares* 195 € 176 €

10 Hydrotherapy Cares* 390 € 312 €

5 Hydrotherapy Cares* + 5 Body Wraps 415 € 355 €

10 Hydrotherapy Cares* + 10 Body Wraps 830 € 589 €

5 massages ** of 20 min 220 € 216 €

10 massages ** of 20 min 440 € 418 €

5 massages ** of 50 min 490 € 480 €

10 massages ** of 50 min 980 € 931 €

5 massages ** of 80 min 725 € 710 € 1450 € 1377 €

10 massages ** of 80 min

SPA BREAKS AND CURES

We tailor all treatments according to your wishes. These prices do not include accommodation.

PASSION

· few hours to

urself to enjoy the

adless benefits of

Ideal for slimming and back relief. The healthy choice for everyone

Spa Break:

2 days: 328 € 279 € - 3 days: 491 € 409 € 4 days: 654 € 535 € - 5 days: 817 € 655 €

6-day cure: 980 € 765 €

On the first day 2:00

Hammam + Body Scrub of your choice 25 min Seawater Circuit 25 min Facial Radiance Boost 20 min Massage of your choice ** 20 min (option +30 min : +49€)

On the other days 2:00

Hammam + Body Wrap of your choice 25 min Hydrotherapy Care* 20 min Salinea Cavitosonic 20 min Massage of your choice ** 20 min (option +30 min : +49€)

SERENITY

Ideal for stress relief! Perfect for those wanting to feel lighter on their toes.

Spa Break:

2 days : 311 € 259 € - 3 days : 462 € 379 € 4 days : 613 € 495 € - 5 days 764€ 605€

6-day cure: 915 € 709 €

On the first day 2:00

Seawater Circuit 25 min Hydrotherapy Care * 20 min Facial Radiance Boost 20 min Massage of your choice ** 20 min (option +30 min : +49€)

On the other days 2:00

Seawater Circuit 25 min Hydrotherapy Care* 20 min Salinea Cavitosonic 20 min Massage of your choice ** 20 min (option +30 min : + 49€)

*Hydrotherapy Care of your choice : Seawater Circuit, Hydromassage Bath, Relaxing Yin-Yang Bath or Massaging Water Bed **Except the four hand massage

RESTAURANT

Enjoy a meal or a drink by the sea! The restaurant, as well as the wellness centre, offers an unbelievable view over the sea and the mountains... Do not miss the delicious meals which bring together a selection of quality, local products.

NATURISM

From April to early November, the Holiday Resort and the beach are naturist. Nudity is not mandatory in the spa. Therefore, if you are not into naturism and want to enjoy staying at Riva Bella, it is absolutely possible. 800m away from the wellness centre, you will find a beach where you can keep your clothes

Open 7/7 including on bank holidays

Open from Friday to Monday

May to mid-October.

ACCOMMODATION

Throughout the year, come and experience a delightful stay at Riva Bella in the heart of a preserved natural environment. Check out our website, call us or drop by to learn more about the accommodation or about the campsite's facilities.



GIFT AND VOUCHERS

Make your loved ones happy! All our treatments can be offered in the form of gift vouchers valid for two years. If you order them by phone, we will send the vouchers the same day directly to your address by post or email, we are available all days, including on bank holidays.

THALASSO & SPA RESORT A privilege in the heart of nature

Riva Bella

ON YOUR OWN OR ACCOMPANIED

> A LA CARTE, PACKAGES OR SET CURES

me and discover

the virtues

of seawater

HALF DAY OR FULL DAY



AND CARE TREATMENTS

FROM 16 YEARS OLD

THE SEAWATER WELLNESS CENTRE OF HAUTE-CORSE BETWEEEN ALÉRIA AND BRAVONE +33 4 95 36 38 38











INFORMATION & BOOKING:

Thalasso: +33 4 95 36 38 38

Accommodations: + 33 4 95 38 81 10 – rivabella.corsica@gmail.com

Discover our online brochure: www.rivabella-spa.com

Riva Bella - Linguizzetta - 20270 ALÉRIA (Corse)

Midway between Bastia and Porto-Vecchio, between Aléria et Bravone.

Price per person from the 15th of April 2023.

OUR À LA CARTE TREATMENTS

On your own or accompanied (price per person)

Seawater Hydrotherapy Treatments

In seawater at an ideal temperature

Seawater Circuit 32°C 25 min

Open Air Jacuzzi 32°C 25 min (not for those sensitive to the cold)

Tonic Hydromassage Bath, individual 20 min

Relaxing Yin-Yang Baths for 2 people 20 min

Relaxing Treatments

Oriental traditional hammam 50 min (without treatment) Salinea Cavitosonic: care of the respiratory tract 20 min Massaging Water Bed 20 min

Scrubs in hammam 25 min including 10 min Scrub

Oriental Body Scrub 44€ Sea Minerals Body Scrub: magnesium & calcium 44€ 44€ Dead Sea Salt Body Scrub 44€ Delicious Body Scrub: green tea, chocolate, fruit...

Wraps in hammam 25 min including 15 min Wrap

Remineralising Seaweed Wrap Special Slimming Seaweed Wrap Sea Magnesium Wrap Sea Calcium Wrap Ghassoul Wrap (hypoallergenic clay) Dead Sea Mud Wrap Delicious Wrap: green tea, chocolate, fruit...

Scrubs + Wraps in hammam 50 min

Relaxing Cold Seaweed Wrap

Scrub of your choice + Wrap of your choice

In case of contraindication for the hammam, the scrubs and wraps can be performed on a heated table. To be specified at the time of your reservation.





for her and for him

32€

21€

39€

78€

32€

36€

32€

44€

44€

44€

44€

44€

44€

44€

44 €.

79€



Facial Care

Facial Radiance Boost 20 min 45 € 89€ Sensitive Skin 50 min Skin Cleaner 50 min 89 € Anti-ageing 50 min 89€

Body Care

Firming Bust Care 50 min 89€ Purifying Back Treatment 50 min 89€ Beautiful Hands (without nail polish) 50 min 79 € Beautiful Feet (without nail polish) 50 min 79 €



LED (Light Emitting Diode)

Waxing (with single use wax)

Do not hesitate to check out our website or to call us

for information about our services.

Session 40 min: 80 € / x5: 360 € / x 10: 720 €

This last generation cold light technique of biophotomodulation can be experienced all year round. Painless and without any side-effects, it procures remarkable effects on the tissue repairing process. It reactivates your "youth capital" giving a shine to your skin texture. It reduces cutaneous loosening, scars, dilated pores, and acne, also helping to prevent hair loss and at the same time activating denser regrowth.

Do not hesitate to contact us to find out more

— PRACTICAL WELLNESS GUIDE —

In Riva Bella, we make sure you are always individually and personally welcomed and taken care of all along your time

Therefore, no matter what you choose, do not forget to make an appointment.

Practical Information

Towels: They will be given to you on arrival.

Swimming suits: For your convenience; for your massages, we give you disposable underwear.

hygiene purposes and security reasons (slippery floor).

Accessories: Watches and jewellery will be uncomfortable during your treatments. You can leave them in your locker.

Steam rooms and biosauna: To ensure our hygiene rules, we

take in students on internship.

Duos: Our formulas, cures, à la carte treatments such as steam room, seawater circuit, Jacuzzi, Yin-Yang bathes, wellness area, massages, beauty treatments and Salinea Cavitosonic can be performed for two people together!

Emotions Package: The wellness area and most of our treatments are available within the Emotions Packages. Ask us for more details!

Delay or cancellation: Any delay will shorten your treatment (if this happens, the price will not change). If you wish to change your appointment or cancel, please let Sandals: We give you one pair to walk around in the spa, for us know 48hrs in advance; any appointment which has not been cancelled will be charged.

Our ethos: The treatments we offer are for wellness, relaxation and are performed in a healthy respectful and non-erotic way. We maintain the right to refuse services ask you to leave your belongings in your locker (shower gel, and remove immediately and definitively any person whose behaviour were to go against our ethos.

taff: All members of our team are fully qualified. We do not Naturism: During the naturism period, the treatments can be done with or without swimming suit for anyone.

LEXICON

THALASSOTHERAPY -

naturally grows in it, concentrating these precious elements help to eliminate toxins.

———SEAWATER HYDROTHERAPY—

Seawater Circuit 25 min: In an idyllic setting, enjoy our seawater pool, heated at 32°C in which you will find 9 steps of aquatic massages that will help you relax and get you back into shape. Through their strength and position, the jets and geysers tonify and heal the different parts of the body: draining, lifting muscular and articular tensions, activating the metabolism and the circulatory system, improving muscular tonicity for a delicious sensation of wellbeing. All this finished off with some time in the open air jacuzzi (included within the 25 min)! Our seawater circuit is not a swimming-pool, but an area dedicated to seawater therapy and to the Aquagym lessons.

Tonic Hydromassage Bath 20 min: Individual care in Californian: This soft body and facial massage, with slow seawater at the ideal temperature. This hydromassage aids to remove excess fluid, reactivates blood circulation and brings a great overall general well-being sensation. We associate this with a program of water jets and light therapy which helps to

Energetic: Deep tissue massage, ideal for expelling tension bring back balance and energy.

Relaxing Duo Yin-Yang Baths 20 min:

you of the Yin and Yang Chinese symbol, and allows a moment of relaxation face to face, with a separate bath for each of you. A soft treatment with revitalizing light therapy.

SCRUBS AND WRAPS

Body Scrubs: These treatments are performed by our estheticians in the Hammam. They eliminate toxins and dead cells, activate blood circulation and smoothen the skin.

Wraps: Performed in the Hammam, wraps help the in depth remineralising of the skin according to their specific qualities (seaweed, mud magenium, calcium, etc...). This care enables you to experience the reparative force of water on a comfortable, warm surface without getting wet.

In case of contraindication for the hammam, the scrubs and wraps can be performed on a heated table. To be specified at the time of your reservation.

-OUTDOOR WELLNESS AREA-(Not for those sensitive to the cold)

Two hours to enjoy at your own pace and according to your desires, the small steam room (48°C), the Biosauna (90°C), the open-air Jacuzzi (32°C) and the tropical shower, softly perfumed to refresh yourself. In this area, no care treatment will be performed. It is accessible from outside: please keep that in mind in case of bad weather. Please do not bring any personal belongings (shower gel, brushes, essential oils, etc).

- RELAXING CARES-

From the Greek words 'Thalassa' meaning sea and 'Therapeia' Hammam: A purely oriental tradition, the hammam provides meaning treatment, Thalassotherapy is the therapeutic use an ideal moment for relaxation. It is comprised of one warm of the properties of seawater, salt, seaweed, sea muds and room and one steam room where the temperature is around the marine climate. Seawater contains more than a hundred 48°C. In this hot, humid and perfumed atmosphere, muscular minerals and trace elements necessary to our balance. Seaweed tensions relax, bronchial tubes become less congested and so

> Salinea Cavitosonic 20 min: This innovative and unique care relieves the respiratory tract, nourishes the skin and resources the organism combining the effects of Corsican essential oils with the famous Ems salt diffused as a micro-fog under Wood lamps (blue light). Perfect relaxing care, it brings a delicious sensation of physical and emotional wellbeing.

ssaging Water Bed 20 min: This massage and relaxation health care enables you to experience the reparative force of water on a comfortable warm surface without getting wet.

-MASSAGES

continuous and wrapping motions, brings a general better-being feeling, calming the body and mind.

from the entire body, reactivates blood circulation and rebalances the energies, giving a delicious relaxing sensation.

A seawater bath to enjoy with a loved one! Its shape will remind Ayurveda: Originating from India, Ayurvedic massage uses a combination of slow and fast movements, light and firm pressure, kneading, stretching and friction to stimulate blood circulation, relax muscles and soothe the mind.

> Warm Shells: The heat of the shells relieves the nervous system and tense muscles. This massage is recommended against stress and tiredness because of its enveloping effect. It also promotes better blood and lymphatic circulation.

Shiatsu: From Japan, Shiatsu is a relaxing and preventative wellbeing technique. Following the meridians of acupuncture, with pressures and stretches, it balances the whole energetic

Foot reflexology: Massage of Chinese origin which allows to relax and a reorganize the vital functions of the body by applying pressure to the arch of the foot.

Vatermass: This care is incomparable to get back into shape! The watermass enables the body to fight against water retention and lose skin associating the positive effects of draining, palpateroll technique and seawater. After a few sessions, it reduces cellulite, made from water or fat, bringing a feeling of lightness. The benefits of the watermass can be felt from a single session, by its draining effect.

OUR MASSAGES

On your own or accompanied

Performed with Corsican organic essential oils, our massages are beauty, wellbeing and

	relaxation treatments. They are consider	ed as non-th	erapeutic and i	non-medical.
	(price per person)	20 min	50 min	80 min
1111	Full Body Massages			
	Californian (soft and enveloping)	44 €	98€	145€
	Energetic (relaxing)	44 €	98€	145€
CAL TO SELECT	Signature (according to your needs)	-	98€	145€
京子 。 行為 國 科	Ayurveda (rebalancing and anti-fatigue)	-	98€	145€
ALL THE L	Warm Shells (anti-stress)	-	98€	145€
	Shiatsu (full body relaxing reflexology)	-	98€	145€
7 3 U.S.	Mother to-be (from the 1st to the 9th month)	44 €	98€	145€
KIND OF A	Draining (stimulates the lymphatic circulation)	44 €	98€	145€
X 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3	Massaging Water Bed (without estheticians)	32 €	-	-
	Four Hand (soft and enveloping)	86€	189€	272 €
	Specific massages	44 €	00.6	145€
	Legs	44 € 44 €	98€	145 €
DE SALAN	Foot reflexology	44 € 44 €	98 € 98 €	_
SIC CEPE.	Foot	44 € 44 €	98 €	_
y della	Scalp skin	44 €	-	_
2000 P.	Face	44 €	-	_
	Hands	44 €	_	_
A COLOR	Tunus	77 0	-	
	Seawater Hydromassages	1 session	5 sessions	10 session
	Draining Watermass 25 min	63 €	284 €	567€
	Slimming Watermass 25 min	63 €	284 €	567€
At Riva Bella, enjoy your massages	On sunny days, enjoy our outdoor enjoy our area			



for even more